Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Claerhout John

Coaches: Debecker Thomas

Coaches: Van der Elst Astrid

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 100M FREESTYLE MEN 13+ Heat:3, starttime: 10:05

Heat: 3/17 Lane : 7 Athlete: DECLERCQ IAN **Q-time: 01:12:01**

PB (25m pool): 01:12.01 Brugge 04/10/2026 **PB (50m pool):** 01:17.45 **SB:** 01:12.01 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:35.06		01:12.01	
		00:35.06		*00:36.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 100M FREESTYLE MEN 13+ Heat:4, starttime: 10:05

Heat: 4/17 Lane : 5 Athlete: VANKEMMELBEKE HECTOR **Q-time: 01:09:53**

PB (25m pool): 01:09.53 Brugge 04/10/2026 **PB (50m pool):** 01:11.62 **SB:** 01:09.53 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:32.83		01:09.53	
		00:32.83		*00:36.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 13+ Heat:2, starttime: 10:30

Heat: 2/10 Lane : 4 Athlete: VANDROOGENBROECK CHEYENNE **Q-time: 03:09:21**

PB (25m pool): 03:09.21 Brugge 04/10/2026 **PB (50m pool):** 03:18.02 **SB:** 03:09.21 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:44.18		01:30.59		02:25.27		03:09.21
		00:44.18		*00:46.41*		*00:54.68*		*00:43.94*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: DMI

Event number: 29: 100M BACKSTROKE MEN 11-12 — Heat:3, starttime: 11:10

Heat: 3/8 Lane : 1 Athlete: DEHONDT TUUR — **Q-time: 01:40:69**

PB (25m pool): 01:40.69 Brugge 04/10/2026 — **PB (50m pool):** 01:45.28 **SB:** 01:40.69 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:49.03		01:40.69	
		00:49.03		*00:51.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 100M BACKSTROKE MEN 11-12 — Heat:8, starttime: 11:20

Heat: 8/8 Lane : 4 Athlete: DE RYCK ALEXANDER — **Q-time: 01:22:22**

PB (25m pool): 01:22.22 Brugge 04/10/2026 — **PB (50m pool):** 01:26.21 **SB:** 01:22.22 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.37		01:22.22	
		00:40.37		*00:41.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11-12 — Heat:1, starttime: 11:25

Heat: 1/10 Lane : 7 Athlete: NAESSENS ANKE — **Q-time: 03:40:75**

PB (25m pool): 03:40.75 Brugge 04/10/2026 — **PB (50m pool):** 03:43.80 **SB:** 03:40.75 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:52.51		01:47.74		02:49.25		03:40.75
		00:52.51		*00:55.23*		*01:01.51*		*00:51.50*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 31: 50M BACKSTROKE MEN 13+ — Heat:1, starttime: 12:00

Heat: 1/13 Lane : 4 Athlete: VANKEMMELBEKE HECTOR — **Q-time: 00:45:24**

PB (25m pool): no time — **PB (50m pool):** 00:45.24 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: DMI

Event number: 31: 50M BACKSTROKE MEN 13+ **Heat:2, starttime: 12:05**

Heat: 2/13 Lane : 7 Athlete: DECLERCQ IAN	**Q-time: 00:44:13**

PB (25m pool): no time **PB (50m pool):** 00:44.13 **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: